

REMEMBER YOUR EXAM IS DEPENDANT ON YOUR CLEAN OUT!!

SUPREP BOWEL PREP INSTRUCTIONS

Split Dose (2 day) Regimen

The day before your colonoscopy between 5-7 pm

Complete steps 1-4 using **ONE** bottle in your suprep kit.

- 1) Pour **ONE** (1) 6 ounce bottle of Suprep liquid into the plastic container included in your prep kit.
- 2) Add cool drinking water to the **16 OUNCE** line on the container and mix (this may be mixed in advance and chilled in refrigerator)
- 3) Drink **ALL** the liquid in the cup.
- 4) You **MUST** drink two (2) more 16 ounce containers of water over the next hour.

The day of your colonoscopy FIVE (5) hours prior to your procedure time

Repeat steps 1-4 using the other **SIX (6)** ounce bottle of suprep

BE SURE AND FINISH ALL OF THE SOLUTION AND WATER

BOTH SIX (6) OUNCE BOTTLES ARE REQUIRED FOR A COMPLETE PREP

DO NOT ADJUST DOSE TIMES ON YOUR OWN!!